



**FOR IMMEDIATE RELEASE**

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**\*\*\* MEDIA ADVISORY \*\*\* MEDIA ADVISORY \*\*\***

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## **Nominations Sought for Solano County's Bike Commuter of the Year**

**Suisun City, CA** – May is National Bike Month, and Thursday, May 13 marks the San Francisco Bay Area's 16th annual Bike to Work Day, a celebration of bicycling as a healthy, fun and viable form of everyday transportation.

Nominate a friend or co-worker who exemplifies the health, environmental, social and economic benefits of bicycling for their chance to be chosen as the Solano County Bike Commuter of the Year. Winners receive awards and great bike-related prizes. Nominations are accepted through April 19<sup>th</sup> at [www.511.org](http://www.511.org). Last year's winner was Craig Snider of Benicia.

"Biking to work is a fun and easy way to get in shape, save money and help the environment," says Judy Leaks, event coordinator for Bike to Work Day in Solano County. Join the **Team Bike Challenge** at [www.511.org](http://www.511.org). Gather your friends, colleagues and neighbors to form teams and pedal. Earn points for riding to work, errands, or school. The team with the most points at the end of the month wins a grand prize!

Solano Bike to Work Day 2010 is presented by **511.org** and **Kaiser Permanente**, with promotions organized by Solano Napa Commuter Information (SNCI), the Bay Area Bicycle Coalition, and the Metropolitan Transportation Commission. For more information visit [www.commuterinfo.net](http://www.commuterinfo.net), call 800-53-KMUTE, or contact Solano Napa Commuter Information's program manager Judy Leaks at 707-399-3220.

The Solano Transportation Authority regularly encourages the use of alternative modes of transportation for commuting through its Solano Napa Commuter Information program. Commute alternatives information for transit, carpooling, vanpooling, and bicycles can be found at 800-53-KMUTE or [www.commuterinfo.net](http://www.commuterinfo.net).

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